

# The Rhône River

Gotta Luv Travel, LLC



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# Why Experience the Rhône River

From the confluence of the Rhône and the Saône rivers comes the third largest city (in France), and the culinary capital of France, Lyon. With its rich history, notoriety for the production of silk, and the region listed on the UNESCO World Heritage list, there is always something special to eat, see and experience.

During this cruise you will have the opportunity to visit the wine region of Beaujolais, known as the "land of the golden stones".

Located between the wine regions of Beaujolais and Côtes Du Rhône, lies the Roman medieval city of Vienne.

Enjoy the remarkably well-preserved ruins from the ancient Romans, the Saint Maurice Cathedral, a Gothic Church that took more than 500 years to build, and don't forget the St. Pierre Abbey, and Archaeological Museum that is also one of the oldest churches in France.



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# Cuisine

It is no secret that French cuisine is known as some of the best in the world. A large part of the flavoring of the French cuisine is due to the techniques they've created and perfected, for example, flaming, braising, poaching, and sauteing. Can you imitate these? Of course. But the thing you cannot imitate is the culture and traditions that make it truly a cuisine that is one of a kind.

You already know how delicious red wine and chocolate are together if you're a red wine person. But if you want to take it a step above, you can participate in a wine and chocolate pairing class.

With 11 Michelin Star restaurants in Lyon alone, you're sure to find some of the most delectable, mouthwatering, palate-pleasing foods you've ever tried. Bring an adventurous palate to try it all. From chocolate to charcuteries, and terrines to truffles, there is something to please every tastebud.



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# Lyon

At the confluence of the Rhône and Saône sits Lyon, the capital city in France's Auvergne-Rhône-Alpes. With 2,000 years of history from the Romans, you have the Amphithéâtre des Trois Gaules, along with medieval and Renaissance architecture in Vieux (Old) Lyon. In the heart of Lyon, you'll find a modern district on the Presqu'île peninsula.

Lyon has been recognized as the most beautiful city in France, is a walkable city, with great food choices, and about 30% less expensive than Paris.

In the 4th century covered passageways (Traboules) were built in Lyon. Residents of Lyon moved to the foot of Fourvière hill on the banks of the Saône river due to the lack of water in the upper town area. These passageways allowed them to get to and from their homes to the river quickly and allowed the silk workers to get from their workshops to the textile merchants at the foot of the hill while remaining sheltered from inclement weather. Nowadays, Traboules are tourist attractions, and over forty of them are free to visit and open to the public.



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# Tarascon

Tarascon is located just south of Avignon and north of Aries on the east bank of the Rhône river. From a river cruise, you can visit both on the same day.

With its mild winters and dry summers, Tarascon maintains a Mediterranean climate. Temperatures range from 84°F in July to 37°F in January.

Remnants from the late Bronze Age have been found, confirming that human life existed since prehistoric times in Tarascon.

Tarascon is still correlated with fairy tales and legends dating back to prehistoric days. For example, Martha of Bethany arrived in Tarascon in AD 48, where dragons were destroying the river traffic. As the legend goes, she tamed the beast and it was butchered by the townspeople. You can visit the Royal College of Sainte-Marthe that was built in her honor near the castle of King Renè.

While here you can visit the castle of King Renè (a medieval castle), and the Collegiate Church of St. Martha, where according to locals, Martha is buried.



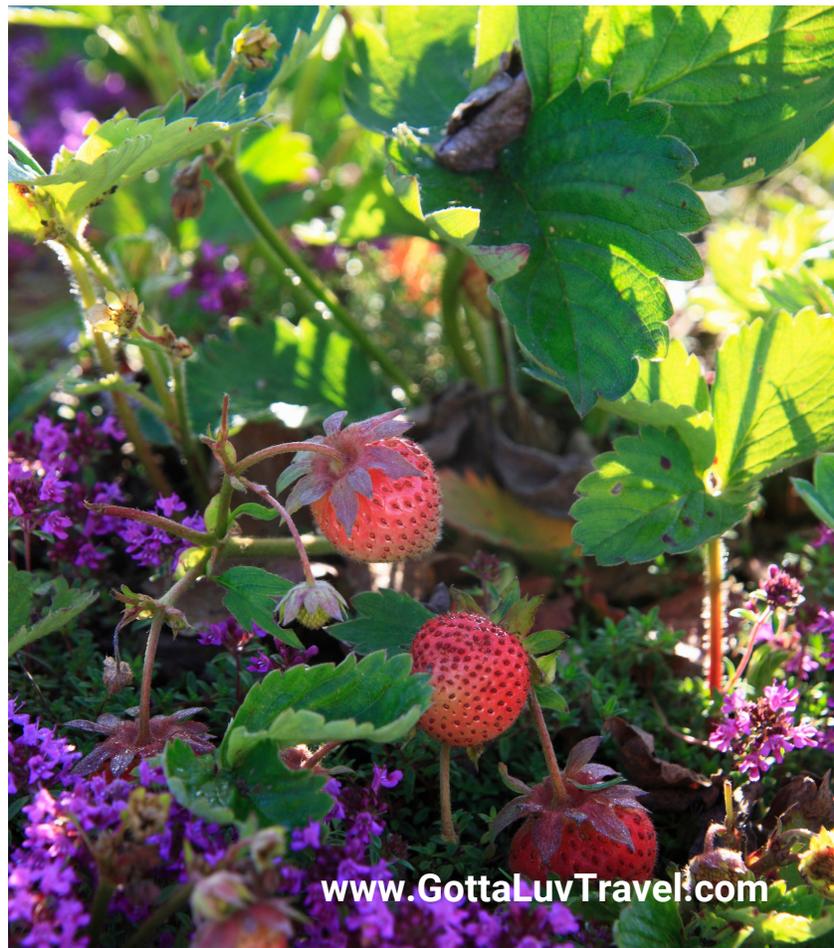
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# Avignon

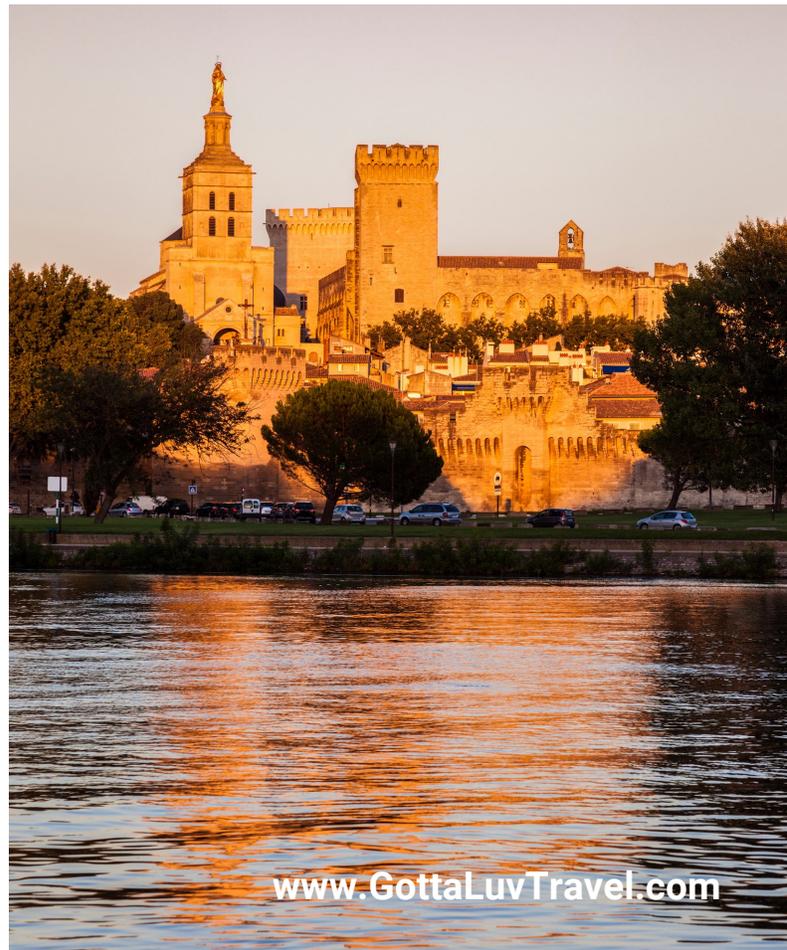
Avignon was designated a UNESCO World Heritage site (United Nations Educational, Scientific, Cultural Organization) in 1995 for its architectural beauty and historical importance. Having a past as the Capital of the Christian world, it still has an overwhelming architectural legacy. From the Palace of the Popes, the Post d'Avignon, the Palace and the square in front of it, where you see the Baroque façade of the former Mint, the Petit Palais museum, the Cathedral des Doms, and the Doms gardens, Avignon is an open-air visit through history, where you relive eras past and present, and see how the city was built stone-by-stone.

As the Popes came to Avignon, they brought the culture of vineyards and wine with them. Today, countless Chefs have cultivated the past and paired wine with gastronomy to create the art of eating well. The Avignon region produces strawberries, cherries, garlic, tomatoes, and cheese in abundance. Growers are very close to the city, so a visit to their farms and distilleries is a great way for them to share their passion and for you to taste all that is good.

If lavender is your passion, Chateau Du Bois - Pure Lavender in the heart of Avignon is entirely devoted to genuine lavender from Provence and is the number one grower and distiller of AOP Haute Provence lavender. You'll find essential oil, natural and organic cosmetics, massage oils, serum, cream, and soaps made exclusively from plants.



# Your Itinerary



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# Meet Vicky



Life is to be savored - to be soaked up and enjoyed thoroughly. What better way to make the most of life than sharing the stories and experiences of cultures around the world?

That's where I come in. Vicky Lopez, travel curator, at your service.

I can help you enrich your life through travel. By curating unique trips where you can immerse in the culture, cuisine, and experiences of your destination.

Whether you prefer the splendor of a river cruise with wine and bike tours, or a Mediterranean ocean cruise to explore the history of Europe, I will combine your desires with my expert knowledge and I will design the perfect journey for you.



[Vicky@GottaLuvTravel.com](mailto:Vicky@GottaLuvTravel.com)

[www.GottaLuvTravel.com](http://www.GottaLuvTravel.com)